



RECOVERY RESOURCES
Partners in health. Partners in hope.

2017 Service Directory

PREVENTION

TREATMENT

RECOVERY





RECOVERY RESOURCES

Partners in health. Partners in hope.

Emergency & Referral Resources

Recovery Resources Referral 216.431.4131, option 3

Walk-In-Assessments (WIN) locations

4269 Pearl Road Cleveland	3950 Chester Avenue Cleveland	14805 Detroit Ave, #200 Lakewood
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Or by Appointment 216.431.4131, option 3

Warmline Support 440.886.5950
Every day, including holidays
9:00 a.m. – 1:00 a.m.

Clients Rights 216.431.4131 ext. 2550

HIV Confidential Testing 216.400.7939

Mobile Crisis Team of Cleveland 216.623.6888

Heroin Project Dawn 216.623.6888

Heroin Hotline 216.778.5677

24 hour Community Partner Hotlines

Suicide Prevention/Mental Health Crisis 216.623.6888

Drug and Alcohol Abuse 1.800.587.4232

Recovery Resources utilizes TDD to provide access to our services for persons with hearing impairments. Interpreters are utilized if necessary. Services are also available to those with limited fluency in English.

All services are provided from staff who meets the qualification and training requirements defined by the Ohio Department of Mental Health and Addiction Services, Rule 5122 of the Administrative Code.



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Recovery Resources

Helping people triumph over mental illness, alcoholism, drug and other addictions.

Recovery Resources is a provider of prevention education, treatment, and recovery services for individuals impacted by mental illness and/or addiction. Since 1955, we have provided comprehensive community-based care, including primary care and services for individuals with co-occurring mental illness and addiction. With three office locations, Recovery Resources is your partner in health and hope in Northeast Ohio. Whether you work in a school, office, health care or social service setting, or you are a community partner, current client, a person in need of care, or if you know someone who needs help, this guide is intended to be used as a resource for all of our services.

Recovery Resources offers special assistance to certain populations, including children, adolescents, the elderly, women, families at risk, homeless individuals, individuals with developmental disabilities, individuals living with or at risk for HIV/AIDS, and those involved in the criminal justice system.

Prevention services include:

Substance abuse education; HIV/AIDS prevention and intervention; gambling; identification and referral.

Mental Health services include:

Assessment, counseling and therapy services; community psychiatric supportive treatment; pharmacologic management service; women-specific and men-specific treatment; dual diagnosis treatment.

Alcohol and other Drugs services include:

Assessment; individual and group counseling; drug screening; case management; intensive outpatient services; continuing care (after-care); non-intensive outpatient services; and crisis intervention.

Integrated Health services include:

Initial health screening for qualified clients address physical health management and care coordination between the mental health provider and physical health provider.

Recovery services include:

Housing, employment, and vocational services for eligible clients.

Locations

Midtown
3950 Chester Ave.
Cleveland, OH 44114

Old Brooklyn
4269 Pearl Rd.
Cleveland, OH 44109

Lakewood
14805 Detroit Ave., #200
Lakewood, OH 44107

Satellite Location:
City Mission
5310 Carnegie Ave.
Cleveland, OH 44103

Quick Contact

216-431-4131
recres.org

We accept Medicaid, Medicare, self-pay, and private insurance. We also provide services to individuals who meet the eligibility criteria for financial assistance.

ACCESS TO CARE
for more information call 216-431-4131, option 3

Intake & screening services are provided by phone and in person during business hours. You can also live chat on our website at www.recres.org.

Walk in Now (WIN)

Intake, addiction and mental health assessments, and linkage to care are provided at:

- 4269 Pearl Rd., Cleveland
- 3950 Chester, Cleveland
- 14705 Detroit Ave., #200, Lakewood

Visit recres.org for office hours. Appointments available at all our locations by calling 216-431-4131, option 3 to schedule.

Prevention

Recovery Resources offers a variety of education, training, and prevention services for the community, designed to reach people prior to a need for treatment.

For more information, call 216-431-4131, ext. 1206.

For Ages 1 to 6 years-old

Healthy Alternatives for Little Ones - (HALO) is a 12-unit holistic health and substance abuse prevention curriculum for children. This program addresses risk and protective factors for substance abuse and other health behaviors by providing children with information on healthy choices.

HALO is available Monday, Tuesday, Thursday, & Fridays from 9:30am-12:30pm. at our Chester location for children 1-6 years old of parents enrolled in our outpatient addiction treatment groups. HALO is also available off-site for ages 3 to 6 years old in school child care settings or community settings.

For Ages 12 to 18 years

Project SUCCESS – (Schools Using Coordinated Community Efforts to Strengthen Students) supported by “Casey’s Kids” is designed to prevent and reduce substance use among students 12-18 years of age and is offered in middle and high school and community settings in Cuyahoga County. Project SUCCESS includes an eight-session class that teaches students to identify and resist pressures to use substances, correct misperceptions about the prevalence and acceptability of substance use, and understand the consequences of substance use.

LifeSkills Training (LST) – a school-based program that aims to prevent alcohol, tobacco, and marijuana use and violence by targeting the major social and psychological factors that promote the initiation of substance use and other risky behaviors. Facilitated discussion, structured small group activities, and role-playing scenarios are used. Separate LST programs are offered for elementary school (grades 3-6), middle school (grades 6-9), and high school (grades 9-12).

Teen Institute/Peer Prevention – a youth led prevention program geared toward middle and high school. Teens are taught alcohol and drug prevention skills as well as leadership skills in order to promote prevention among their peers, available in schools and community settings.

For Adolescent to Adult

PRIME for Life - an evidence-based education program for people who have experienced a negative consequence as the result of their alcohol and/or drug use but do not meet the criteria for abuse or dependence.

STEP – Systematic Training for Effective Parenting - teaches parents to raise empowered youth who are less vulnerable to drug and alcohol use. This program helps parents improve relationships with their children and develop new parenting skills. STEP complies with the Department of Child and Family Services standards.

Problem Identification and Referral (PIR) – is provided to adolescents and adults in a group and/or individual settings. PIR is designed to help identify high-risk behavior, provide education and tools to meet these needs, and link to more intensive level of care if needed.

Problem Gambling Prevention– programs are provided in school (K-college), work, treatment, and community and criminal justice settings. Programs are designed to educate participants on the risk factors associated with gambling.

HIV Intervention & Prevention – services include education, case management, comprehensive risk-reduction counseling, testing, linkage to care, and support groups.

Safe on the Scene - is a Center for Disease Control Funded project to reduce new infections by increased HIV testing, and linking HIV positive persons to medical care. Safe on the Scene is a collaboration between Recovery Resources, Care Alliance Health Center, and Planned Parenthood of Greater Cleveland.

Quick Contact

216-431-4131

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Treatment

For more information call 216-431-4131, ext. 2548

We offer a variety of services including Outpatient and Intensive Outpatient Addiction Treatment Programs for adults and adolescents.

Alcohol, Drug, and Other Addictions

Intensive Outpatient Treatment Program – services include, but are not limited to: individual and group counseling, crisis intervention, drug screening, and case management.

Women and Family Services Intensive Outpatient Treatment - designed for women 18+ in need of treatment for drug and/or alcohol addiction. Services include group and individual counseling, case management, mental health evaluations, trauma treatment, parenting, nutrition, HIV/STD education and vocational preparation and placement services.

Non-Intensive Outpatient Treatment – is available for individuals in need of treatment for alcohol/drug use that is negatively impacting their life. The program consists of group and individual therapy, case management, drug testing, crisis intervention, family education and therapy, as well as linkage to a 12 step-program.

Case Management - services are provided for clients participating in outpatient and intensive outpatient treatment services. Case management activities are designed to assist and support clients in gaining access to needed medical, social, educational, and other services essential to meeting basic human needs. Case management services may include interactions with family members, other individuals or entities.

Gambling - treatment services are free of charge to both the gambler and their family members. Family treatment can occur in conjunction with or separate from treatment with the gambler.

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Mental Health

Pharmacological Management - includes psychiatric evaluation, prescription and supervision of medication, medication injections, and medical interventions.

Primary Care - is provided in partnership with Metro Health System and other primary care providers. Services include an initial health screening and monitoring chronic health conditions such as weight, blood pressure, cholesterol, nutrition, tobacco, dental and physical activity.

Behavioral Health Counseling - insight-oriented and solution-focused counseling is provided by licensed clinicians to individuals and groups.

Community Psychiatric Supportive Treatment: (CPST) – CPST Specialists provide referrals, linkage to care, and advocacy for clients diagnosed with severe mental illness. Psychiatric Supportive Treatment is also offered in group settings with topics such as anger management, coping skills, and emotion regulations.

Dual Diagnosis

Mentally Ill/Chemically Addicted Intensive Outpatient Treatment -Services to individuals who are dually diagnosed with a serious mental illness and a substance use disorder, when their mental illness is their primary diagnosis.

Chemically Addicted/Mentally Ill Intensive Outpatient Treatment - Services to individuals who are dually diagnosed with a serious mental illness and a substance use disorder, when the addiction is the primary diagnosis and presenting problem.

Women And Family Services Intensive Outpatient Treatment - Services for women who are referred by Cuyahoga County Department of Children and Family Services, who may be desiring to reunify with children, may have experienced psychological, physical or sexual trauma in the past, and are working toward sustained successful recovery from psychological and chemical addiction issues.

Quick Contact

216-431-4131

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Integrated Care

for more information call 216-431-4131 ext. 2104

Recovery Resources provides Integrated Behavioral and Primary Health Care in partnership with MetroHealth to address clients whole health needs. Clients with a mental health diagnosis are eligible and clients with a significant chronic illness are encouraged to participate. Integrated Care Services include a licensed professional to help assist in communication and coordination between primary and behavioral providers; periodic monitoring of physical health markers; participation in nutrition and exercise groups; and o-site primary care.

Criminal Justice/Conditional Release

For more information call 216-431-4131 ext. 2310

Conditional Release Unit - a highly specialized unit providing a range of services to persons found not guilty by reason of insanity (NGRI) or incompetent to stand trial. These services include assessment, community psychiatric supportive treatment, counseling, and pharmacologic management services. Referrals accepted through the state psychiatric hospital and the Cuyahoga County Justice Center.

Parole Assertive Community Treatment - an intensive case management program serving severely mentally ill offenders who have been released on parole and who are referred by the Department of Rehabilitation and Corrections.

Forensic Liaison Program - Assists with early identification of mentally ill offenders in the county and municipal court systems and provides assessment, referral and linkage services for offenders who are eligible for release.

Mental Health/Developmental Disability (MHDD) Program - The MHDD Program provides community psychiatric supportive treatment, counseling, and pharmacologic management services for mentally ill probationers referred by the Cuyahoga County Court of Common Pleas.

Comprehensive Reentry Services - Men in the County Jail participate in programs that work on issues including addictions, coping strategies, positive decision making, literacy, and employment prior to release.

Intervention

An intervention is a planned meeting, conducted by a trained interventionist, with the addicted or mentally ill person, organized by his or her loved ones. Education and support are offered throughout the process with the goal of linking the client to treatment. Some financial assistance may be available through a donor driven fund in memory of Rajesh Gopalakrishna.

For more information, call 216-431-4131, ext. 3010

Recovery Services

For adults who are receiving substance use or mental health treatment, Recovery Resources offers supportive services to help secure housing, vocational and employment services.

For more information, call 216-431-4131

- **Housing ext. 3311**
- **Competitive Employment ext. 3307**
- **Vocational Employment, ext. 1122**
- **Opportunities for Ohioans with Disabilities, ext. 3323**

Housing

Recovery Resources - manages 69 housing units available for rent on a sliding fee scale for clients who meet the eligibility criteria.

Monarch House for Women - A Level II sober living home with peer support serves as a bridge between supervised inpatient treatment and a return to independent living. The house offers a safe, sober environment for up to 9 women.

Supportive Housing - Recovery Resources is contracted with EDEN Housing to provide case management to clients needing rental assistance and treatment services to clients who are chronically homeless, have a substance use diagnosis, and an established period of sobriety.

Quick Contact

216-431-4131

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Employment

The Employment Alliance - Clients of employment services are working-aged individuals with a mental illness and/or substance disorder(s), residing in Cuyahoga County, who wish to enter or return to competitive employment. Services include job coaching, resume building, interview skills, and counseling to maintain the desired job.

Social Enterprises - Vocational services provide training for clients who may not be prepared for competitive employment and are a bridge to develop skills. These enterprises include lawn care, car detailing, office cleaning, assembly and onsite cafes.

Vocational Rehabilitation - Recovery Resources is contracted with the State of Ohio Opportunities for Ohioans with Disabilities (OOD) to assist with job development and placement for eligible clients with a mental health and/or addiction diagnosis.

Training Institute | Speaker Bureau

Recovery Resources provides a robust selection of behavioral health trainings and continuing education courses. Trainings are offered at Recovery Resources locations and off-site as requested.

Courses may include:

- Addiction treatment and prevention
- Mental health treatment and prevention
- Cultural diversity and treatment of vulnerable populations
- Clinical Supervision
- Motivational Interviewing
- HIV/AIDS prevention
- Speakers Bureau

For a full listing of our catalog go to www.recrs.org/trainings or call 216-431-4131 ext. 1130

If you are in need of a speaker to address topics in behavioral health, addiction services, prevention and/or women and family services, we have licensed speakers available to present. We also are available to attend health fairs, community events, speakers' series, etc. and/or provide educational literature.

For more information email speakersbureau@reccres.org or call 216-431-4131 ext. 1106

Mental Health First Aid

Mental Health First Aid (MHFA) is an eight-hour course that teaches participants how to help someone who is developing a mental health problem or experiencing a mental health crisis. The training helps the participant identify, understand, and respond to signs of mental illnesses and substance use disorders. Trainings are scheduled quarterly at one of the Recovery Resources sites or may be scheduled off-site.

For more information call 216-431-4131 ext. 1118

Employee Assistance Program

AssistNOW is a division of Recovery Resources

AssistNOW has been an Employee Assistance Provider (EAP), fostering success for area businesses for over 35 years. We partner with organizations to enhance organizational culture and develop the potential of the entire workforce by providing comprehensive behavioral and developmental services.

We have created a flexible EAP service that enables you to design a program that is specifically tailored to the needs of your organization. Our delivery of services is distinguished by the highly personal and confidential relationship between our clients and the professional staff at Recovery Resources. Our goal is to be the trusted advisor in all of your company's employee assistance matters offering:

- Training
- Drug Free Safety
- Referral Services
- Management Consultation
- Crisis Counseling

For more information visit assistnow.org or please call 216-431-4131, ext. 1118 or visit recres.org.

Quick Contact

216-431-4131

recres.org

Program Support Funds

With gratitude to those who have established a named fund in support of our prevention, treatment and recovery programs.

Casey’s Kids – In memory of Casey Coleman, this fund supports alternative activities for our prevention programs targeted toward school-aged children.

Rajesh’s Fund – In memory of Rajesh Gopalakrishna, this fund may provide financial assistance to families who qualify, seeking intervention services for a loved one struggling with alcoholism or other drug addictions.

James’ Fund – In memory of James Dolezal, this fund may provide financial assistance to families who qualify who are seeking Intensive Outpatient Treatment services, specific to opiates.

Helen’s Fund – In memory of Helen K. Jones, former President & CEO of Recovery Resources, this fund may provide financial assistance to families who qualify, seeking participation in our women and children programs.

To learn more or to donate, please go to recres.org.



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